



Stella Maris

COLLEGE MANLY

Find Your Pathway - Senior Courses 2026



Welcome

Karen Dennison

Head of Year 10





Stella Maris

COLLEGE MANLY

Welcome – Karen Dennison Head of Year 10

We acknowledge the
Traditional
Custodians of the
Country upon which
we live, learn, work,
and play. We
honour the wisdom
and pay our
respects to Elders
past, present, and
future, and celebrate
Aboriginal and
Torres Strait
Islander peoples'
knowledge,
connection, stories,
and cultures.



We acknowledge our Good Samaritan Sisters. The Sisters founded our school and taught here across the generations. They have showed us to be people of compassion, justice and peace, and we are proud to continue in their charism.



Dear God,

So many choices are laid out in front of me.

**Please grant me the Holy Spirit's direction
and guidance to resolve any problem I face.**

**It is through you that I know where to go, so I
humbly request your wisdom.**



The Subject Selection Process – What we've done

- Unique journey – multiple post-school pathways – any pattern of study provides learning.
- The goal – a study path that suits strengths, interests and goals.
- Subject Selection is in full swing!
 - PDHPE – Future Success (Term 1)
 - 3 PC Lessons:
 - Reflection on Year 9 reports and pathway to post-school, revise goals for year 10
 - Exploring post-school pathways, research careers, tertiary courses
 - Senior study pattern rules and requirements
 - HOD presentations in year meetings and more to come.
- Their decision, not their friends, not yours or anyone else.



The Subject Selection Process – Where to now...

-  **Thursday 5th June 4:30 – 6pm**

OPTIONAL subject meetings with HODs next week for further queries.

(book in by Tues 3rd June)

- Subject Choices **DUE:** 1st day back TERM 3 *(enter online)*
- Subject Selection Interview (Weeks 1 & 2).
- **Key resources:** Senior Courses Handbook, HOD PPTs, Stella Careers Website, NESA – course syllabus details & past HSC exams, UAC guide, TVET Guide.
- Subject Selection Preparation Form – complete BEFORE interview.



How can YOU help?

- Begin the conversation – talk openly about interests and goals.
- Listen to their thoughts and current ideas.
- Discuss various pathways and what suits them.
- Be realistic about their abilities – review ALL reports, will habits change?
- Have an open mind – their plans may not align with yours.
- Help them develop independence by being responsible for researching options available.
- Allow them to take ownership of this decision and know that you are there to talk it over.



The Stella Careers Website – www.stellacareers.com

STEP 1



Stella Maris
COLLEGE MANLY

Important Information Senior School Post School Options Workplace Learning **For Parents** For Students Login

Useful Links

- Fact Sheets For Helping Your Teen With Career Planning
- How Much Do You Know About VET?
- Contact Us
- Newsfeed
- General University Info
- Helpful Course Research Sites
- Year 10 Subject Selection

real skills for real careers
myskills.gov.au

STEP 2

For Parents

Parents are often heavily involved in career decision making. In this section you will find plenty of useful resources to assist you with contributing to your child's career journey.



The Stella Careers Website – www.stellacareers.com

[Important Information](#)[Senior School](#)[Post School Options](#)[Workplace Learning](#)[For Parents](#)[For Students](#)[Login](#)

Year 10 Subject Selection

[For Parents](#) » [Year 10 Subject Selection](#)

How can I help my year 10 daughter navigate Subject Selection?

[2025 Subject Selection Timeline](#)[MS Teams LINKS to OPTIONAL Subject Meetings with Heads of Department](#)[2025 Senior Courses handbook](#)

PC Lessons

[PC Lesson 1](#)[PC Lesson 2](#)[PC Lesson 3](#)[Steps to Uni for Year 10 Students \(2028\)](#)[Uni Advice](#)[UAC – Top tips for choosing HSC Courses](#)A blue starburst graphic with a red outline, containing the text 'Subscribe to the Newsfeed for updates'.

Subscribe to the
Newsfeed for
updates

Welcome
to the Stella
Careers Hub



 WELCOME

< PARENT HUB

 ASSESSMENTS

 CAREERS HUB

 COURSES

 DANCE NOTICES

 DASHBOARD

 DUKE OF ED NOTICES

 DOCUMENTS

 PARENT IT HELP

 NOTICES

 SPORT NOTICES

 PARENT HUB

 STAFF CONTACTS

 REPORTS

 STELLA PARENTS & FRIENDS

 SETTINGS

 STUDENT LEARNING CONFERENCE

 TIMETABLE

 WELLBEING PARENT HUB





“85% of jobs in 2030 will be new”

*“65% of tomorrow’s workers will be in jobs
that don’t exist today”*

Actual research shows:

Technology is advancing at a faster pace than ever

Some skills are essentially future-proof – critical
reading, communication, creativity and collaboration





Connect the words to find a path ...

HSC

ATAR

Study later

Uni

Job

TAFE

Apprenticeship

Traineeship

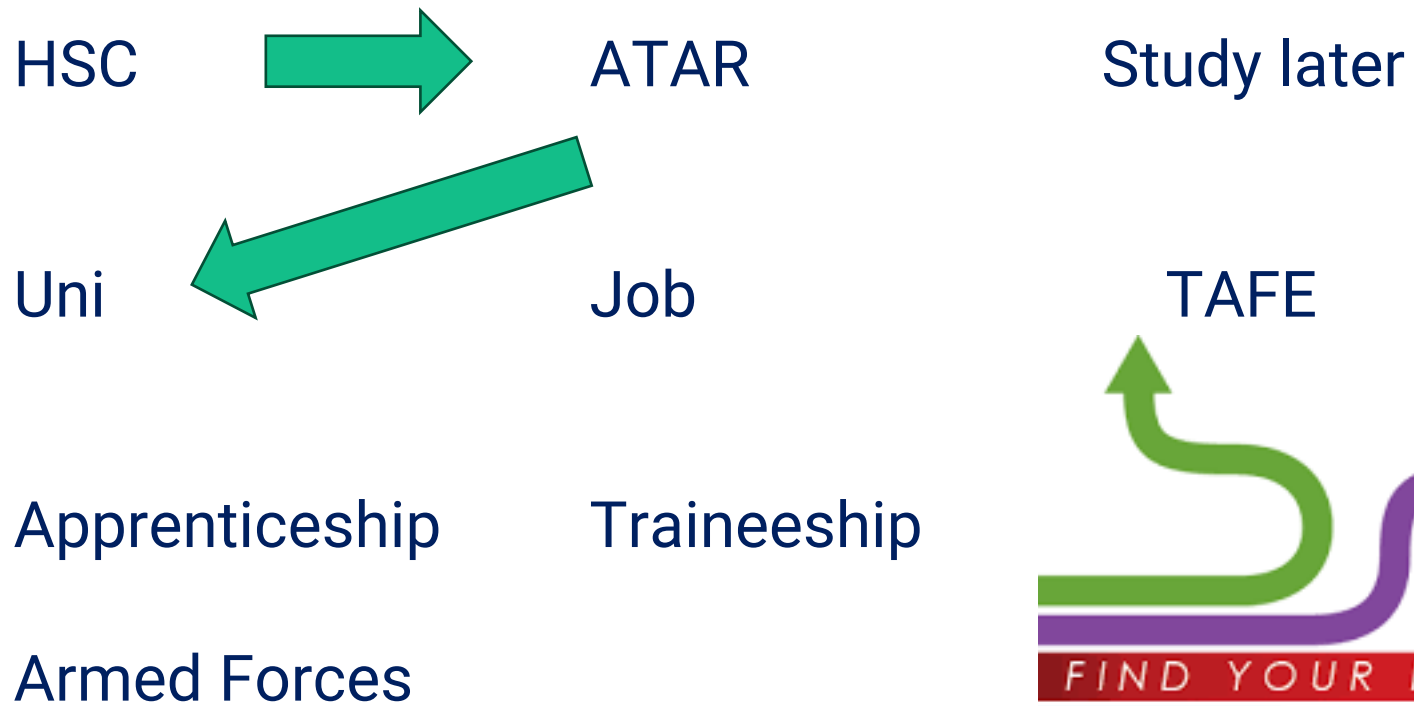
Armed Forces

Gap year





Connect the words to find a path ...





Connect the words to find a path ...

HSC

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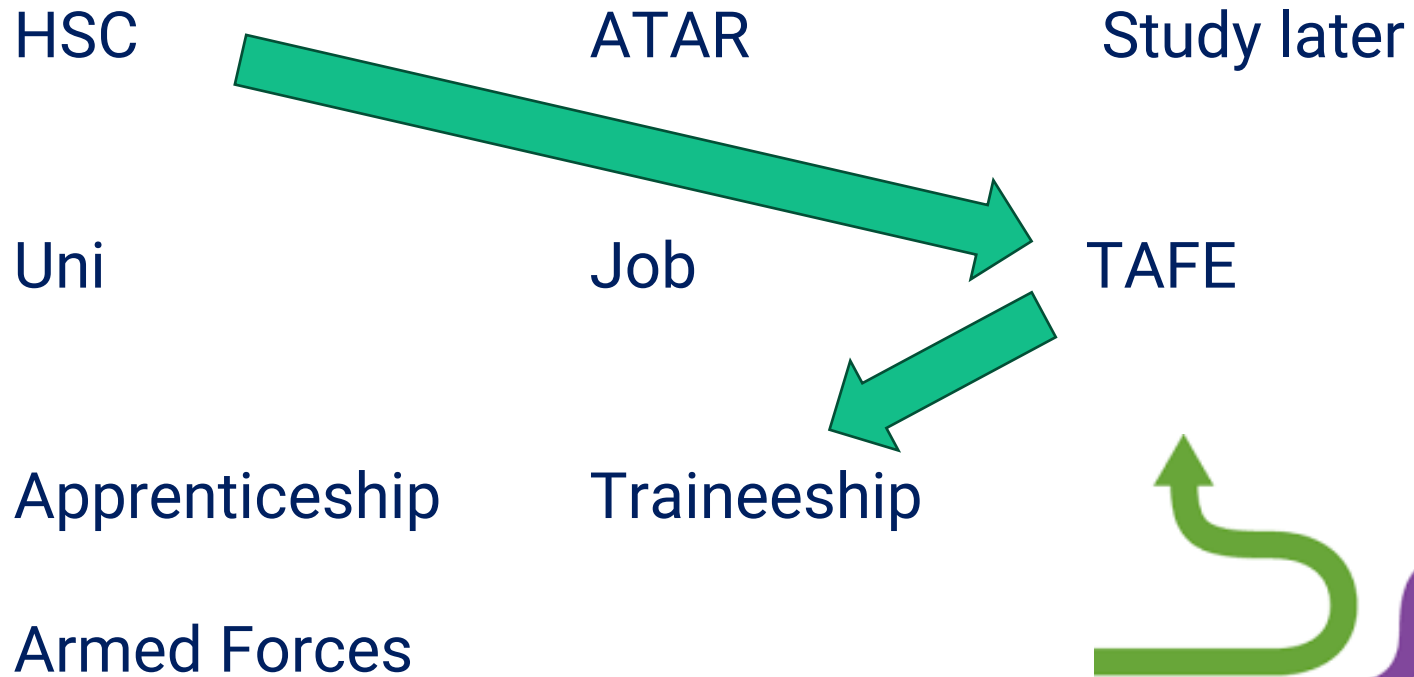
Traineeship

Armed Forces



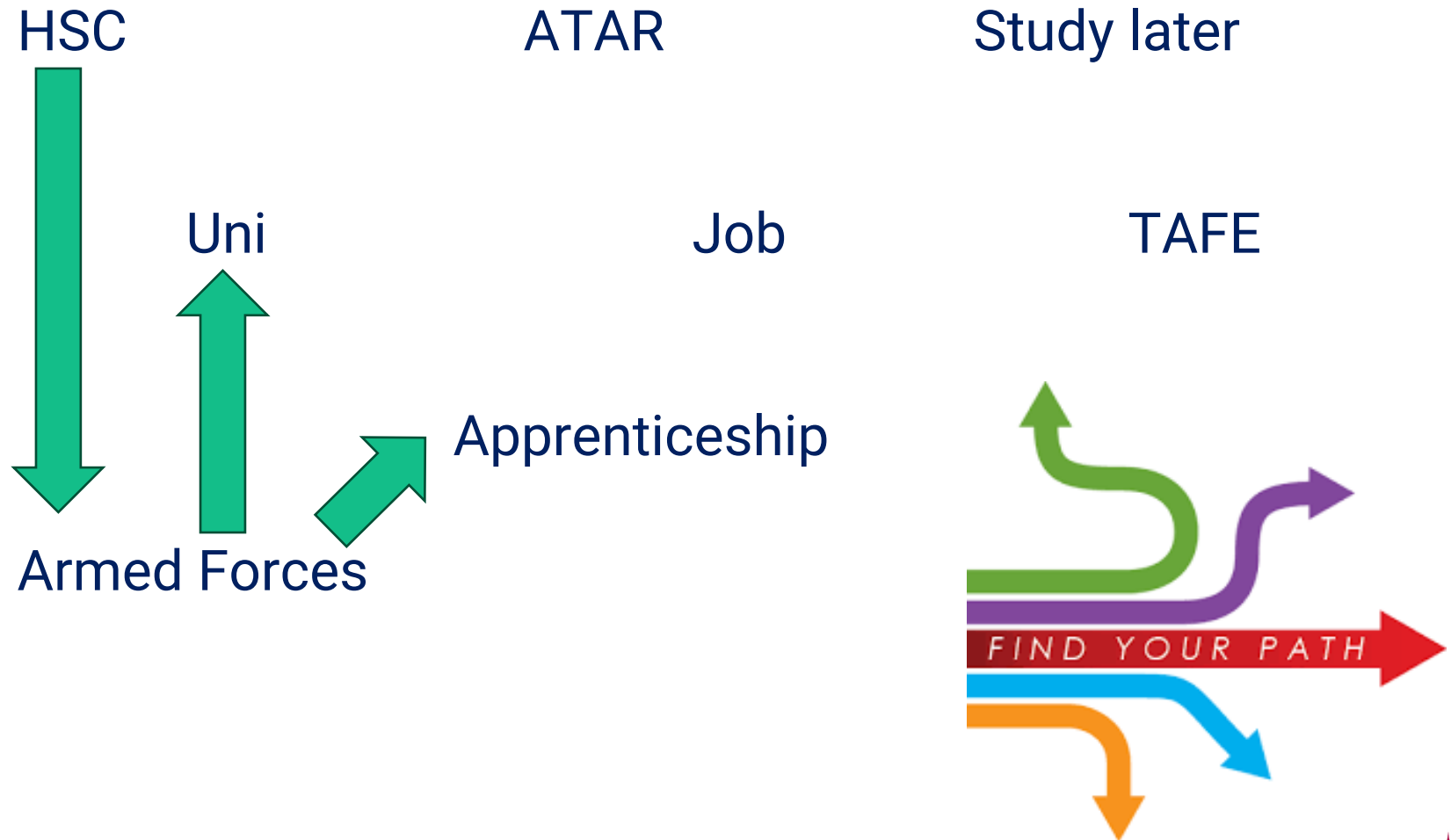


Connect the words to find a path ...



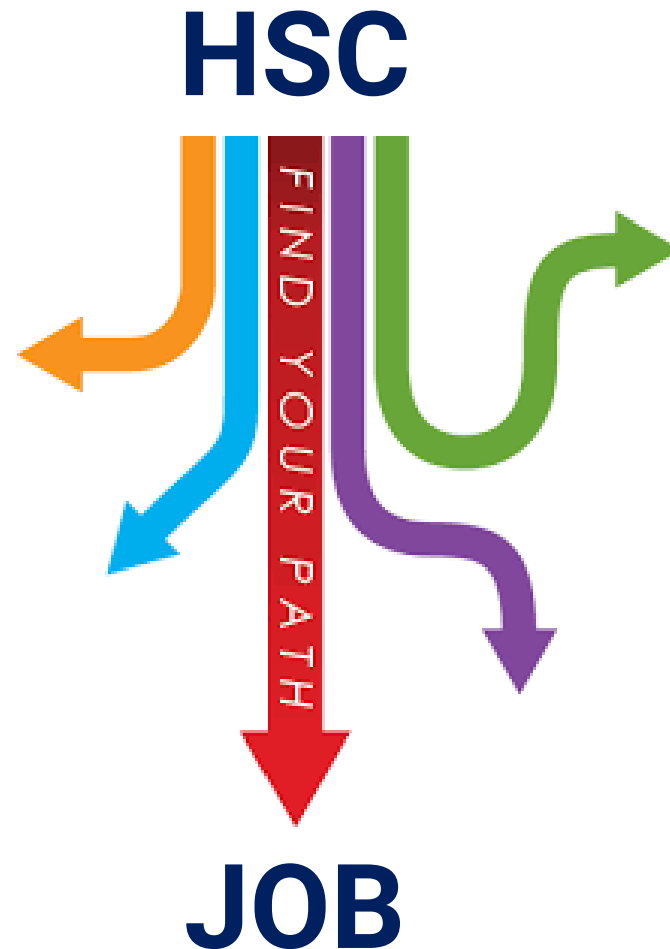


Connect the words to find a path ...





To keep options open, start with a HSC...





The NSW HSC

Internationally
recognised credential

Strong foundation
for future studies

Preliminary Year
Year 11

HSC Year
Year 12



The NSW HSC

Won't

Train for a particular job

Won't

Train in common sense and life skills

Will

Exercise and expand the brain

Will

Prepare for further study





2024 Higher School Certificate

**All
students
attained a
HSC**

**Everyone
who wanted
to go to uni
got into a
course**

**Stella
ranked 96
(40 schools
selective)**

**Best girls'
school
on the
Beaches**





Higher School Certificate **HSC**

**All
students
able to
achieve**

**NESA
rules**

**Marks in
each course**

**Marks align
with Bands**

**90% - 100% =
Band 6**





A huge variety of subjects can make up the HSC

Tourism, Travel and Events

Hospitality (Food and Beverage)

Information and Digital Technology (Animation)

Early Childhood Education

Human Services (Allied Health)

Electrotechnology (Robotics)

Animal Care (Taronga Zoo)

Beauty Services

Real Estate

Conservation and Ecosystem Management

English

Mathematics

Chemistry

Modern History

Legal Studies

Textiles & Design

Engineering

Music

Drama

Computing





Australian Tertiary Admission Rank

ATAR

**University
place/entrance**

UAC rules

**An overall
rank**

Top is 99.95 goes
down
by increments of 0.05



An ATAR is for university entry

- Narrower range of courses
- Courses must have an HSC exam
- Academic pathway
- Reading, writing, research, problem solving, assignments, exams ...
- \$\$\$\$\$\$ HECS debt
- Highest attrition rate in Semester 1 of 1st year uni
- Many students are not ready for more study and that level





HSC and ATAR at Stella

All students get an HSC

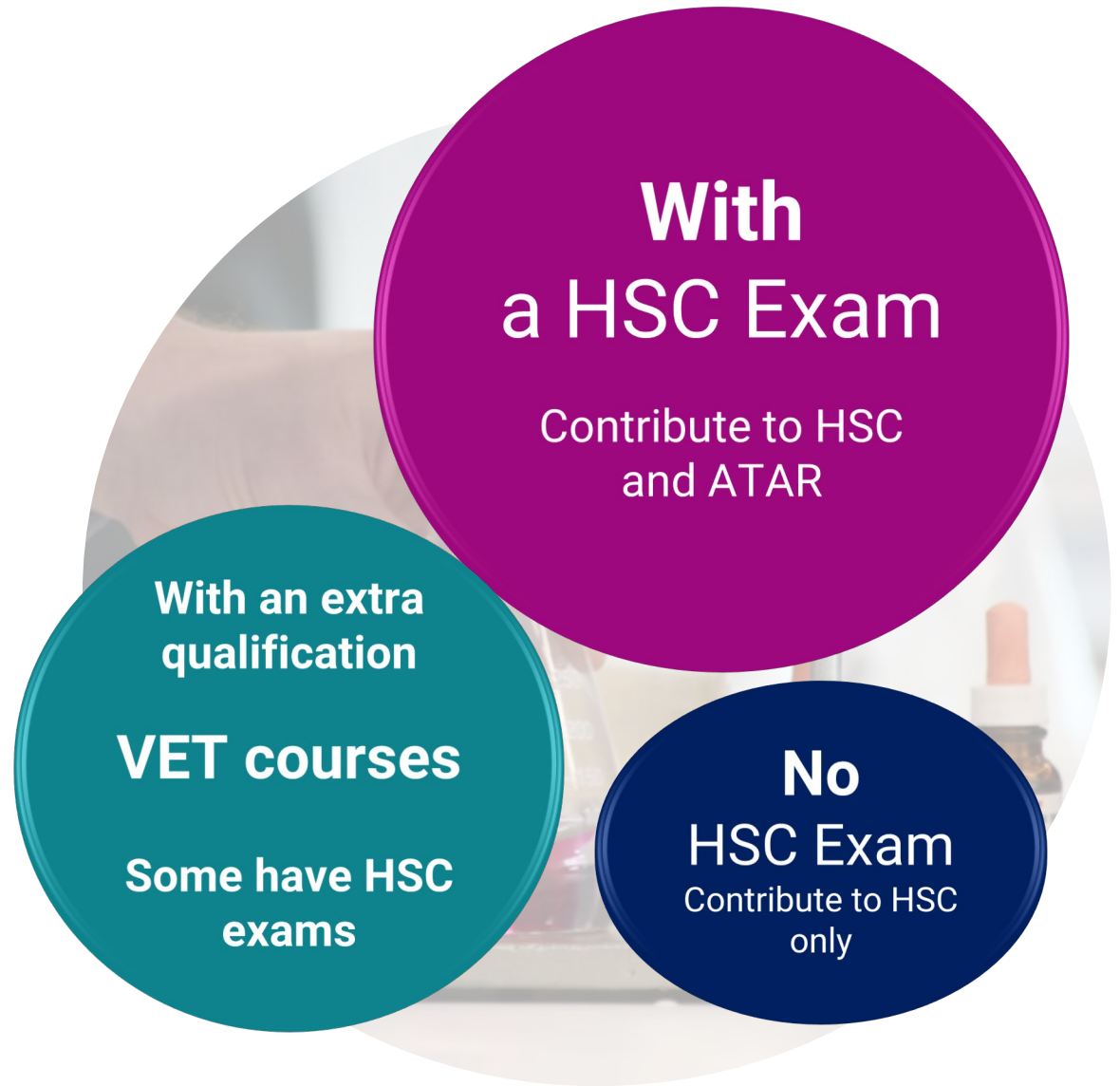
Most students get an ATAR

Some students use their ATAR





Types of Courses



Course Structure HSC

**All courses
have a 'unit'
value**

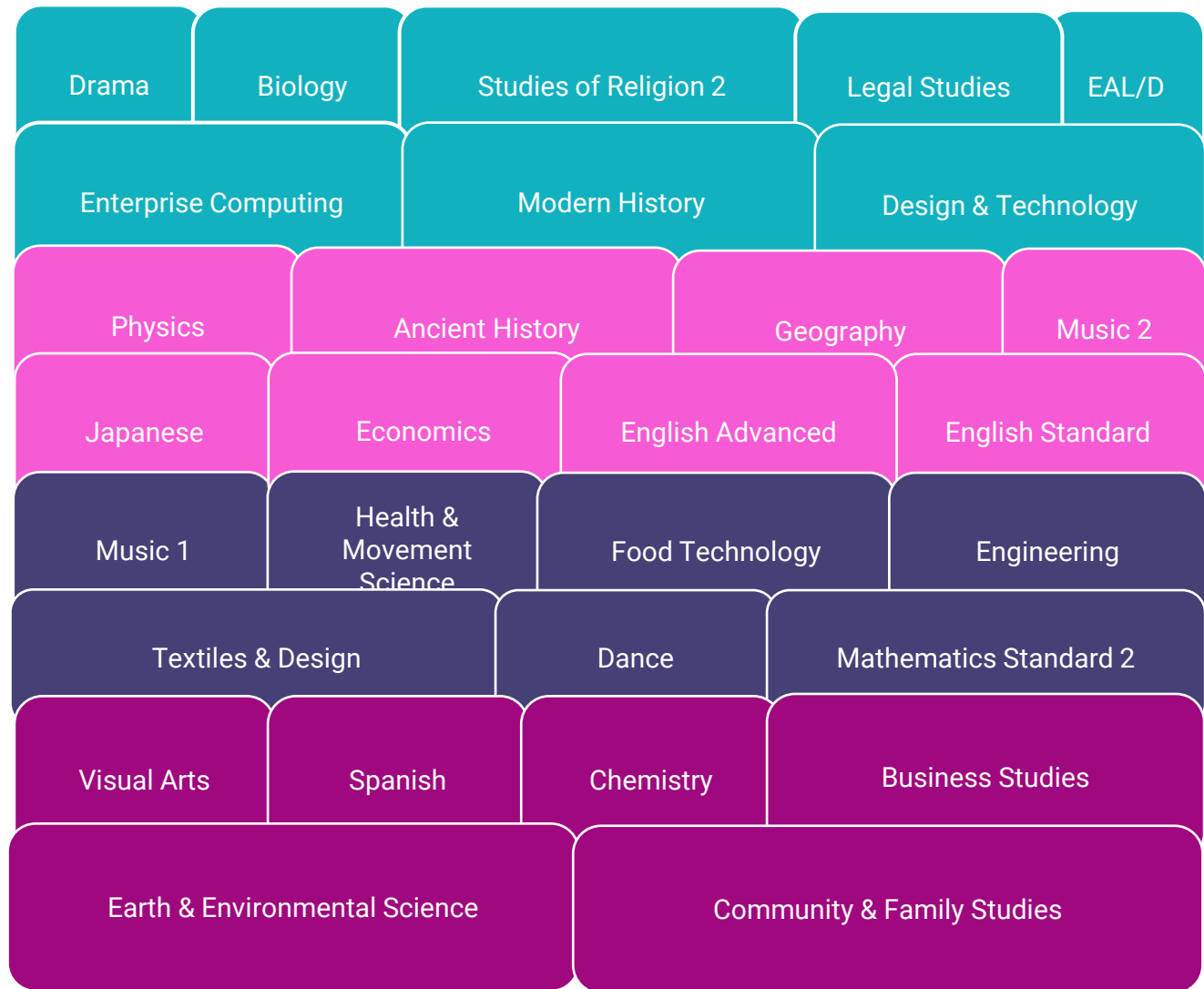
**Most
courses
are 2 Unit**

2 Units
7 lessons fortnight =
100 marks

1 Unit
4 lessons fortnight =
50 marks



Typical 2 Unit courses we run





1 Unit Courses

Year 11

English Extension 1

Mathematics Extension 1

Studies of Religion 1



1 Unit Courses

Year 12

English Extension 1

English Extension 2

Mathematics Extension 1

Mathematics Extension 2

Studies of Religion 1

Music Extension

History Extension

Language Extension

Science Extension



**HSC stretches
over 2 years**

60,000 students

Lots of rules

**Practise in Year 11
Perfect in Year 12**





The rules

Preliminary Course Year 11

Minimum of 12 Units

**Usually 6 subjects
(6 x 2 unit)**

**Most students do 12 units,
some do 13 units**

Some do 13 units





Possible Yr 11 Combination

English Standard	2 Units
Studies of Religion	2 Units
Business Studies	2 Units
Mathematics Standard 2	2 Units
Food Technology	2 Units
VET Hospitality	2 Units

Total

12 Units



Possible Yr 11 Combination

English Advanced	2 Units
English Extension	1 Unit
Studies of Religion	1 Unit
Mathematics Advanced	2 Units
Visual Arts	2 Units
Modern History	2 Units
Chemistry	2 Units
Total	12 Units



The rules

HSC Course Year 12

Minimum of 10 units

**Usually 5 subjects
(5 x 2 unit)**

**Most students do
10 or 11 units**





Preliminary and HSC courses must include

The rules

6 Units Board Developed Courses
(including at least 2 Units of English)

At least 3 courses with a value
of 2 Units or more

At least 4 subjects
(including at least 2 Units of English)

At most, 6 Units of Science in Y11

At most, 7 Units of Science in Y12

At most, 7 Units of Science in Y12



Stella Requirements

1 or 2 units of Religion
in Year 11 **ONLY**, not Year 12



Most do Studies of Religion
Very different to Yr 7-10 Religion



Biggest course candidature every year in
Year 12



To qualify for a HSC

**Must complete school
assessments**

**Make a serious attempt at
HSC exams**

**Work with diligence and sustained effort
to satisfactorily complete Prelim course
before moving onto HSC course**





The rules

**Complete
All My Own Work
AMOW
(Term 4 Yr 10)**

**Pass Minimum
Standards
Tests
(Term 2 Yr 10)**





HSC Minimum Standard online tests

- **Reading:** 45 multiple choice
- **Numeracy:** 45 multiple choice
- **Writing:** One question based on a visual or text prompt.

Attempt 1 for all Year 10 will be in the last week of this term

Can have multiple attempts in Yr 10,11,12



English Levels

Advanced

(possibly with Extension 1)

Standard

English EAL/D

As an additional language/
dialect

English Studies

HSC only, optional HSC
exam



Mathematics Levels

Advanced

(possibly with Extension 1)

Standard

Religion

Studies of Religion 2

2 Units

Studies of Religion 1

1 Unit

**Studies in
Catholic Thought**

1 or 2 Units – no HSC exam



Languages

Continuers

Japanese | Italian | French | Spanish
Chinese and Literature

Beginners

Japanese | Italian | French | Spanish

**May be done online or
at Saturday school**

Big variety of languages possible



Sciences

Physics

Chemistry

Biology

Earth & Environmental

Investigating Science



HSIE



Economics

Legal Studies

Geography

Business Studies

Society & Culture



History

Modern History

Ancient History



Technology Subjects

Food Technology

Textiles & Design

Design & Technology

Engineering Studies

Enterprise Computing

**Industrial Technology
- Multimedia**



Performing and Creative Arts

Music 2 (2 units)

Music 1 (2 units)

Drama

Dance

Visual Arts



Personal Development Health & Physical Education

A large, light blue circular frame containing a collage of various athletes in motion. The athletes are engaged in different sports: a basketball player in a blue jersey, a soccer player in a red jersey, a tennis player in a pink shirt, a badminton player in a white shirt, and several runners in various athletic wear. The background of the collage is white.

**Health and Movement
Science**

**Community & Family
Studies**



VET

Vocational Education and Training

Workplace qualification

**Recognised Australia
wide**

Study at Stella / TAFE

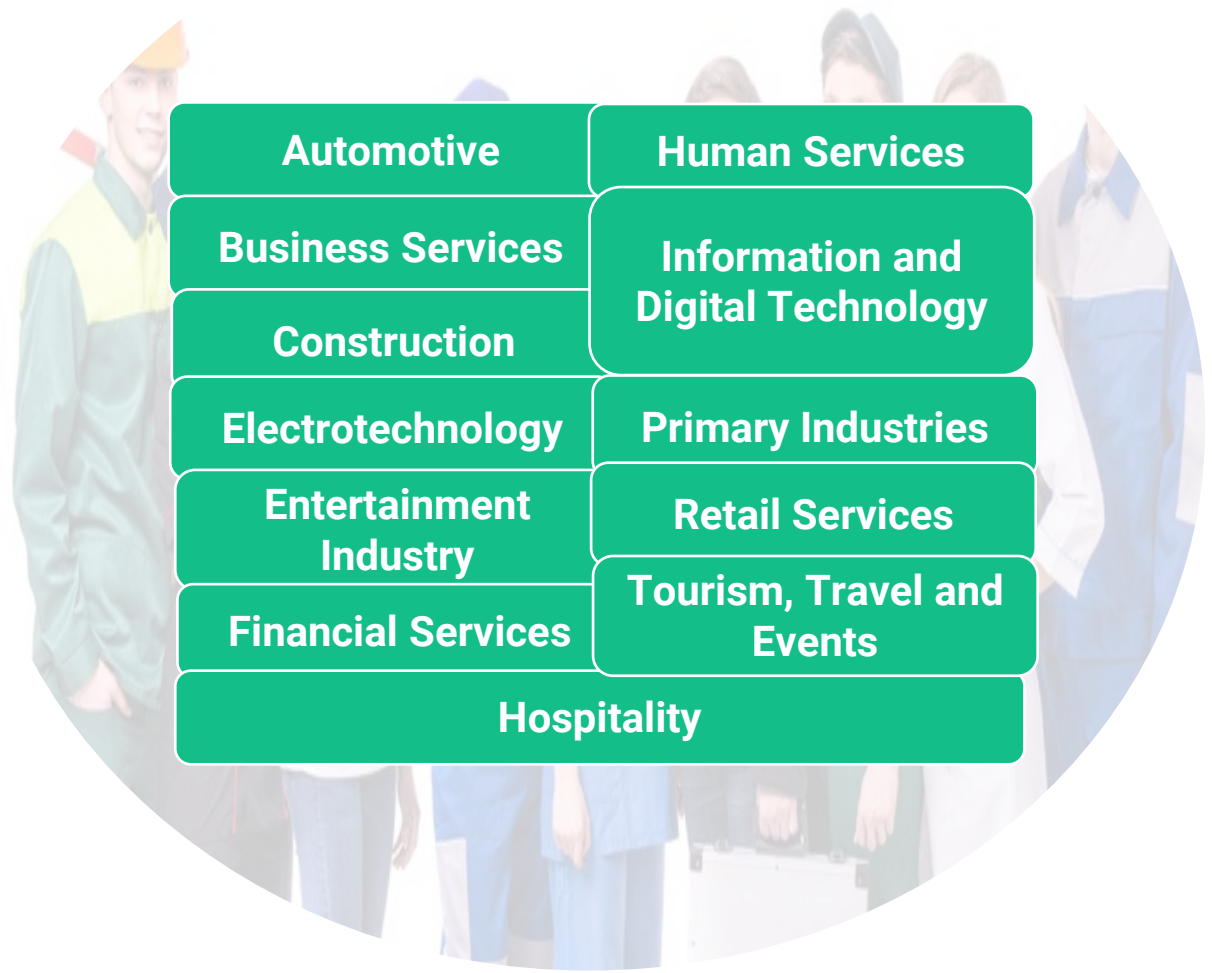
**Work placement -
35 hours each year
(1 week)**

ATTEND



VET courses

ATAR contributors





VET courses

no ATAR contribution

Beauty Services

Fitness

Real Estate Practice

Early Childhood
Education

Salon Assistant

Aquaculture

Animal Care

Baking

Aviation

Auslan

Screen and Media

Sport and
Recreation



VET courses through Stella

Business Services

Entertainment Industry

Hospitality

Construction





6 – ERM = 3

All students do
English
Studies of **Religion 2**
Most do **Maths**

subjects **other choices**
(+ some reserve options)



English and Maths have levels

**Advanced
English
A, B grades**

**Advanced
Maths
A, B grades in
Advanced
pathway**

**Standard
English
A, B, C, D**

**Standard
Maths
A, B, C
any pathway**

End of T2

Best level for each student will be recommended

Not all subjects
will be run in any given year

Student choice drives subjects

offered
in 2026

Student choice drives
combinations
of subjects possible in 2026

Some students may
need to

choose
between
two subjects or use their reserves



Year 11 blocks example

Year 11 2022 Blocking Sheet Final

Instructions:	Block 1	Block 2	Block 3
<i>All subjects are 2 units unless stated</i>	English (Advanced)	Mathematics Advanced	Studies of Religion 1 (1 Unit)
	English (Standard)	Mathematics Standard 2	Studies of Religion 2
<i>Please choose a maximum of 2 units per block</i>	English as an Additional Language or Dialect		Mathematics Extension 1 (1 Unit)
<i>A minimum of 12 units is required for Year 11</i>			English Extension 1 (1 Unit)
	<i>All Students must select at least 2 units of an English course</i>		<i>Block 3 may have Maths Ext 1 or English Ext 1 with Studies of Religion 1</i>
			<i>Local Students must choose at least 1 unit of Religion</i>
			<i>Students cannot select both English Ext 1 AND Maths Ext 1</i>
Block 4	Block 5	Block 6	Block 7
Ancient History	Business Studies	Biology	Biology
Biology	Chemistry	Community and Family Studies	Business Studies
Business Studies	Design and Technology	Food Technology	Chinese and Literature
Community and Family Studies	Earth and Environmental Science	Industrial Technology - Multimedia	Design and Technology Accelerated*
Dance	Hospitality	Legal Studies	Drama
Design and Technology	Modern History	Modern History	Economics
Entertainment	Music 1	PDHPE	Hospitality
Physics	Music 2	NSW School of Languages	PDHPE
Society and Culture	Society and Culture		Textiles and Design
Visual Arts	Textiles and Design		Visual Arts
TAFE	Tourism		NSW School of Languages
NSW School of Languages	NSW School of Languages		<i>*invitation only</i>

When choosing, students should consider

Interests

What do I
enjoy?

Abilities

What am I
good at?

Career

What will help
with future
plans – keep
options open

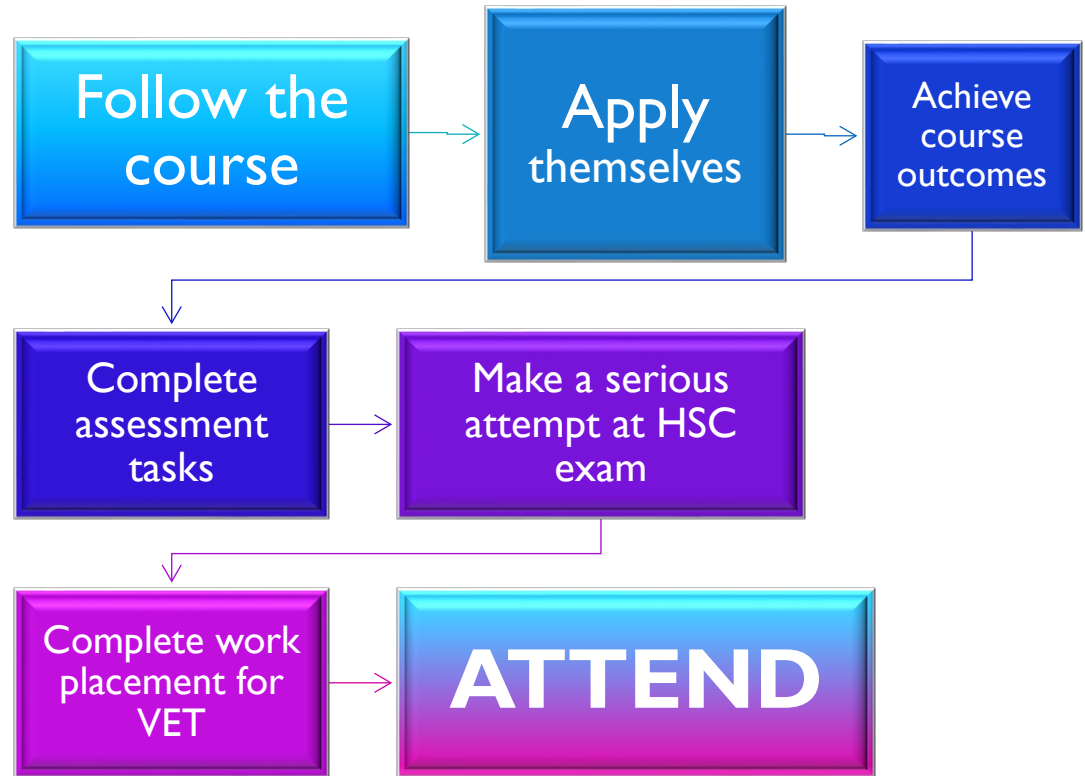


What am I good at?



Students have 7
semester reports to
help see what they
are good at

What do I enjoy?



Career

- paths
- ideas
- fields





Don't choose based on old ideas of 'scaling benefits'

91 Modern History
94 Maths Standard 2
90 Biology
89 Adv English
89 French Continuers

ATAR 95

93 Business Studies
92 Ancient History
90 Drama
88 Adv English
95 VET Entertainment

ATAR 95

90 Earth & Environmental
90 Standard English
91 Textiles & Design
86 Chemistry
93 Visual Arts

ATAR 95

92 Legal Studies
89 Adv English
45 Studies of RE 1
90 PDHPE
37 Maths Extension 1
86 Maths Adv

ATAR 95

96 Maths Standard 2
94 Design & Technology
89 Studies of RE 2
88 Standard English
90 Music 2

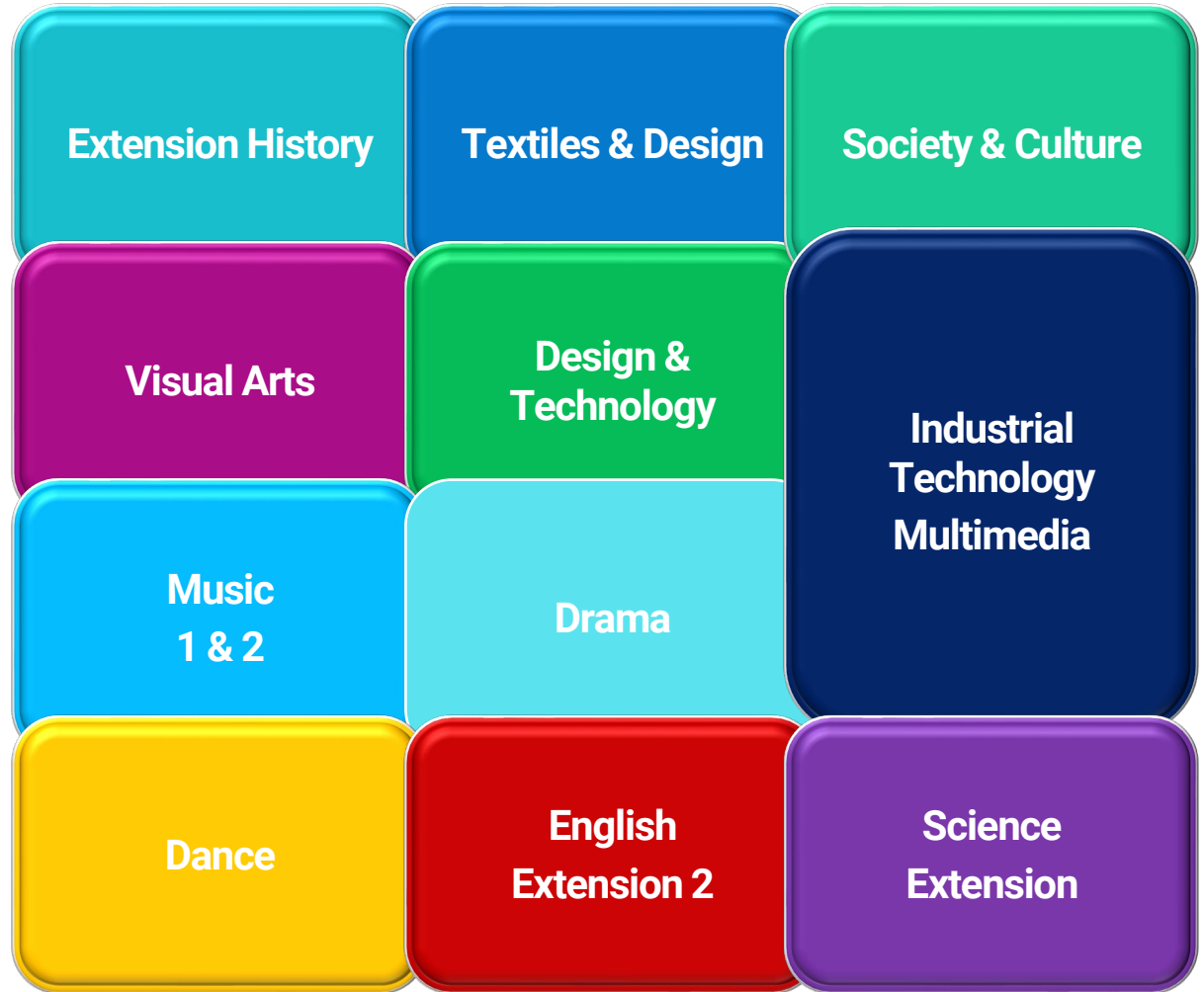
ATAR 95

82 Maths Ext2
89 Maths Ext1
90 EAL/D
93 Japanese Beg
85 Chemistry

ATAR 95



Subjects with HSC Major Works



NEXT

STEPS



Thinking Time

- Senior Courses Handbook
- **Think, talk, ask questions**
- Info at year meets, PC, in class
- **MS Teams question forum**
- Semester 1 reports
- **Recommendation letters for Eng and Maths levels**
- Research
- **Individual interviews**





Ongoing
partnership with
St Augustine's
College
(Entertainment,
Hospitality in 2025)

A few courses
delivered at Saints,
will confirm in T3
(Construction,
Engineering in 2025)



Our timetable
expands to
provide more
choice

Before school classes/blocks
Eg. Drama 7:30 – 9:55am

After school classes/workshops
Eg. Textiles 1:30 - 5pm

Period zero
Assessment time



Follow the Timeline

TERM 2		
Week	Date	Event
1B	Fri 2 nd May	Year Meeting – <u>Stage 6</u> subjects, prelim & HSC rules <u>(Mrs Yeates)</u>
2A	Mon 5 th May	St. Augustine's Careers Expo 4 – 7 pm
3B	Tues 13 th May Fri 16 th May	PC session #3 – <i>Senior study pattern</i> - Careers Discovery Brekky 7:15 – 8:30 am - Year Meeting – HODs presentation 1
4A	Wed 21 st May	P3: HODs presentation 2
5B	Wed 28 th May	Parent and Student Subject Selection Evening 7pm – theatre
6A	Thurs 5 th June	<u>MSTeams</u> Optional Subject meetings 4:30pm – <u>6pm</u> (5min slots) - Mandatory Subjects HODs class visits (weeks 6 – 9)
7B	Fri 13 th June	Year Meeting – online subject selection process, Q&A <u>(Mr Latham)</u> – VET subjects EOI and info <u>(Mrs Walsh)</u>
9B		Reports available in SEQTA and letters of recommendation for <u>Maths/English</u> levels emailed



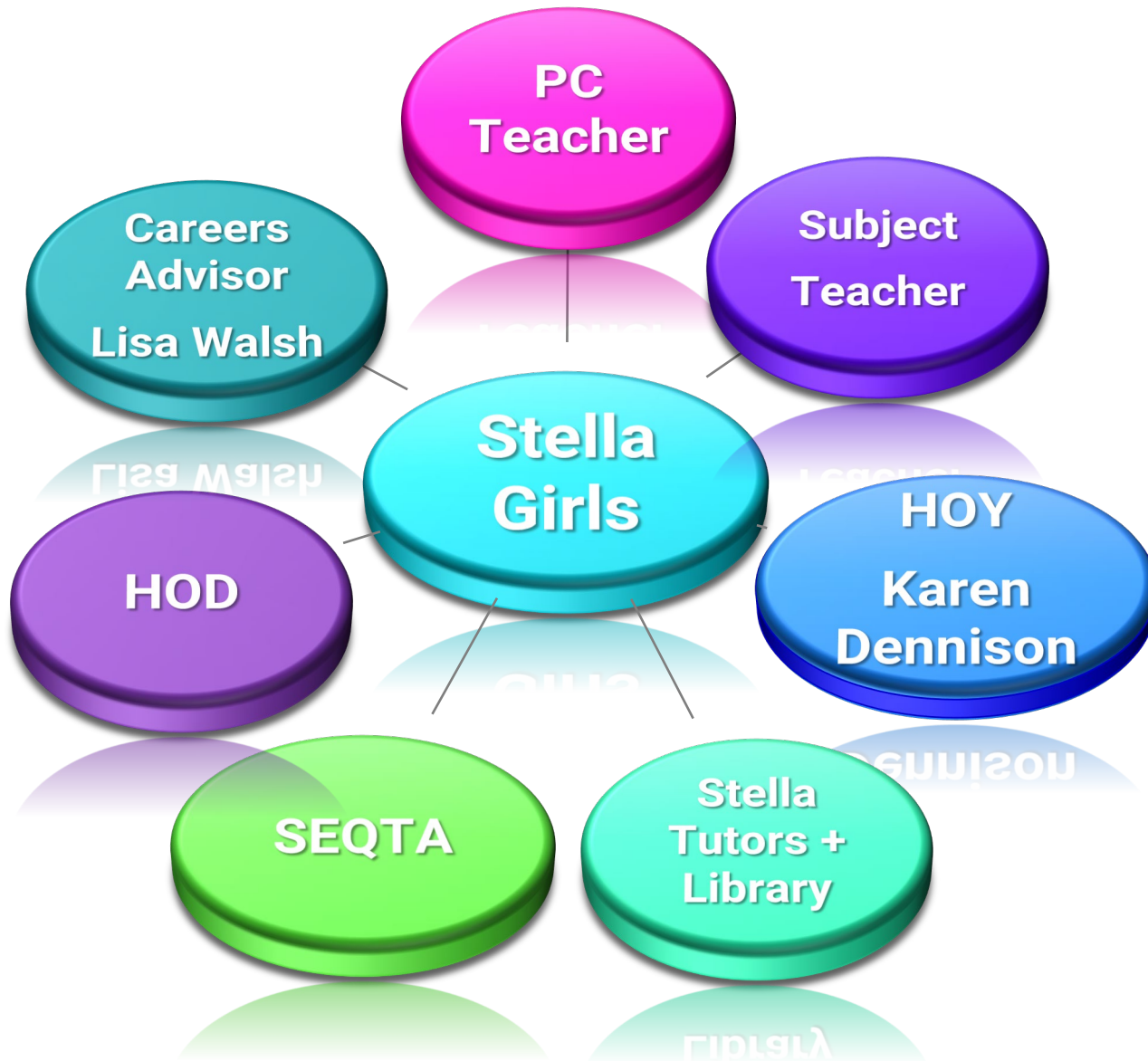
Follow the Timeline

HOLIDAYS – Reflect on presentations, information, PC sessions, website info, Semester 1 report, English/Maths recommendations, connect PDHPE work studied with subject selection, complete interview prep questionnaire, enter subjects online

TERM 3		
Week	Date	Event
1A	Tues 22 nd July Wed 23 rd July	- Final choices due ONLINE 4pm – 1st day back - Interview week 1 (3 days: Wed-Fri)
2B	Mon 28 th July	Interview week 2 (3 days: Mon-Wed)
	August	Discussions with students whose choices clash
	Sept/Oct	Parent interviews by request
TERM 4		
		Advancement Program (Weeks 5-7) “a taste of Year 11”



Lots of Support



When it's all too much



**It doesn't matter
what subjects
are chosen**

They all count

Reading, writing, thinking, problem
solving, growth

**Universities want
students**

\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$\$