

PC Session 3: Senior Study pattern

1. Think about “What subjects are best for me”. Discussion with PC class to thinking about what subjects you enjoy, your strengths, what you’re interested in etc. Then complete the “Strengths” and “Interests” lists **(sheet 1)**.
2. You can locate the “Senior Courses Handbook” in 2 places:
 - SEQTA documents
 - Stella Careers Website: *For students > Year 10 > Link: 2025 “Senior Course Handbook”*

NOTE: See instructions at end of document.

3. Complete the sheets: “What’s in your future” **(sheet 2)** and “Your pathways” **(sheet 3)**.
4. Use the lesson to RESEARCH – put everything together. Go through all the info from the other sessions and use this time to consider everything you have learned. Use the careers website etc to research pathways, job jump from session 2, courses at Uni/TAFE, find out more information on subjects – you can email HODs/teachers if you have questions, read relevant syllabus info, check out past HSC exams, look at the senior courses handbook etc.
5. **OPTIONAL:** Work on the Career Journey – **Post School Options & Planning: Senior Subject Selection**. If you need more clarification around HSC rules and requirements working through this module will help (could also complete this with your parents).

Your year meeting in Week 1 was with Mrs Yeates going through the rules and requirements for the HSC and information about Stage 6 subjects. You may have questions so this is a good opportunity to discuss any queries you may have with your PC teacher.

My Strengths

Rank your current subjects with the grades you scored on your last report or most recent assessment task, starting with the ones you got the best results in.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____



My Interests

Rank your 3 **favourite** school subjects.

1. _____
2. _____
3. _____



List 2 other **subjects** you like learning about or want to learn about.

1. _____
2. _____



What's in your future?

What sort of future do you see for yourself? Have you thought about it before? It's normal to daydream what the future might look like, and thinking through possibilities can help you work out which ones you actually want, and which ones can stay in your imagination.

In two years from now I will be...



☐ Studying

☐ Working

☐ Travelling

In five years from now I will be...



☐ Studying

☐ Working

☐ Travelling

In ten years from now I will be...



☐ Studying

☐ Working

☐ Travelling

Your pathways

Pick your top two career related goals, then do some research if necessary, and follow the steps to create three possible pathways for each.

Goal one:

☐

Requires a VET qualification

☐

Requires a university qualification - I need an ATAR of:

☐

Requires other post-qualification training

Plan A:

Plan B:

Plan C:

Goal two:

☐

Requires a VET qualification

☐

Requires a university qualification - I need an ATAR of:

☐

Requires other post-qualification training

Plan A:

Plan B:

Plan C:

EXTRA:

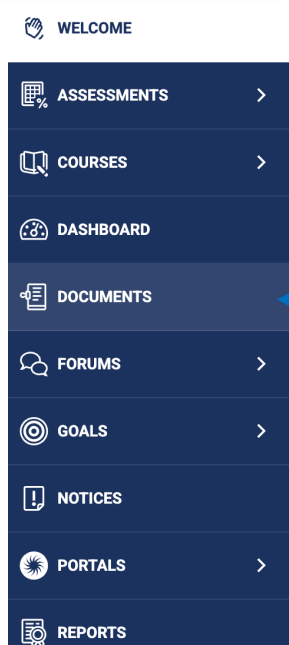
- Info from session 2 – job jump click [here](#) or go to Stella Careers Website (For Students> Year 10) to find PPT of instructions.
- Use Subject Compass to view a list of subjects that best match your profile:
<https://www.uac.edu.au/subject-compass/#/>



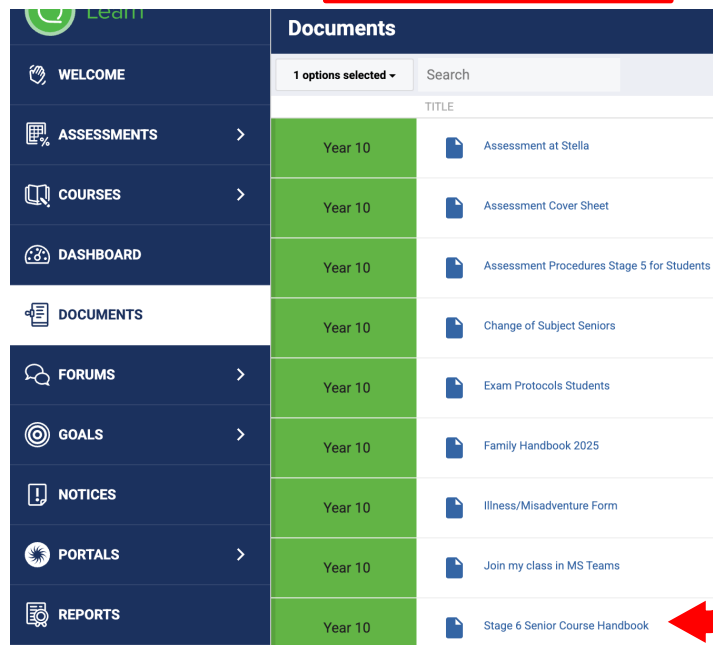
Where can I find the 2025 Senior Courses Handbook?

SEQTA

STEP 1: scroll down to documents



STEP 2: scroll across to Year 10 – Stage 6 Senior Course Handbook



STELLA CAREERS WEBSITE

STEP 1: click on "For Students"



Important Information

Senior School

Post School Options

Workplace Learning

For Parents

For Students

Login

Job and Career Information ▶

Job Videos ▶

Career Targets

'Your Career' Website

Vacancies & Opportunities

Scholarships

Study Skills & Exams

Newsfeed

Year 10

STEP 2: scroll down to Year 10



For Students

All the key things you need to access are here.

Whether it's general careers information, videos and the 'how', 'what' and 'why' of different jobs, we've got you covered.



Important Information

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Year 10

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[2025 Subject Selection Timeline](#)
[2025 Senior Course Handbook](#)

STEP 3: scroll down to Year 10

2025 PC Sessions:

[PC Lesson 1](#)

[PC Lesson 2](#)

[PC Lesson 3](#)