

PC Session 1: Pathway to Post-School Review

1. Complete **My Pathway Plan Check-In**, using your *Year 9 My Pathway to Post-School Plan* – refining and or changing goals you set last year (*both documents attached for reference*). If you can't remember how to access your school reports on SEQTA please ask your PC teacher. You will compare Year 9 Semester 1 and Semester 2. This is likely to take the majority of the lesson.
2. The remainder of the lesson, please log in to the Stella Careers website and work on the Career Journey - **Learning About Myself (LAM): *My Life and Career Journey***.
3. Attached is a List of Subjects we offer – please take note and do your best to your research what these subjects are all about when you hear more information and decide if it is suited to you.



My Pathway Plan Check-In

Year 10

NAME: _____

Year 10 is a fundamental stage in your schooling journey, offering a chance to reflect on the goals and plans you set in Year 9, evaluate your progress, and connect your efforts to your future aspirations beyond school.

Whether your pathway leads to university, TAFE, an apprenticeship, or entering the workforce, it's essential to plan in a way that aligns with your interests, strengths, and values. Everyone's journey is unique, and success is not defined by a single pathway—there's no "right" or "wrong" choice.

This task is designed to help you revisit and refine your Pathway to Post-School Plan from Year 9. By better understanding your strengths and weaknesses, exploring your interests and career aspirations, you'll be better equipped to shape your final schooling years. This is also an opportunity to consider strategies for managing challenges, seeking support, and maintaining a healthy balance between school, extracurricular activities, and your personal life.

Throughout the year, you'll be preparing for subject selection, working on a pattern of study that YOU get to decide for Year 11 and 12. The choices you make and the effort you invest will influence your HSC experience and post-school options. Let's focus on making informed decisions and staying on track to achieve YOUR goals via the pathway that's suits you best.

Reflection on Year 9 Academic Progress

Look up your Year 9 Semester 1 and Semester 2 reports on SEQTA and complete the table below:

Year 9 Subjects	Sem 1 Grades	Sem 2 Grades	I'm interested in this subject	I enjoyed going to this class	I was consistent completing HW
English			Yes / No	Yes / No	Yes / No
Maths			Yes / No	Yes / No	Yes / No
Science			Yes / No	Yes / No	Yes / No
PDHPE			Yes / No	Yes / No	Yes / No
Geography			Yes / No	Yes / No	Yes / No
Religion			Yes / No	Yes / No	Yes / No
			Yes / No	Yes / No	Yes / No
			Yes / No	Yes / No	Yes / No

Semester 2 Report: *Reflect on your results and learner profile in your Semester 2 report.*

- ⇒ What subjects did I perform well in?
- ⇒ Where do I need to improve?
- ⇒ Did I put in my best effort? What subjects did I do this in?
- ⇒ Am I attentive and focussed during class activities?
- ⇒ Which subjects do I submit my best work and contribute to a positive learning environment?
- ⇒ Is there any pattern in the learner profile of Usually / Sometimes in some subjects? Why do you think there is?

Report Comparison: *Compare grades and learner profile in **both semester** reports in Year 9.*

- ⇒ Did I remain consistent?
- ⇒ Which subjects did I improve? Was this a result of goals I set and the end of Semester 1?
- ⇒ Which subjects did I regress? What could be the reason for this?
- ⇒ Has my motivation and engagement in subjects remained consistent? Where has it faded? Why?
- ⇒ What subjects do I reflect on feedback to develop and improve? What subjects don't I do this?
- ⇒ Am I giving myself the best chance to succeed, or are there changes I need to make now?

Reviewing Year 9 Goals and Plans

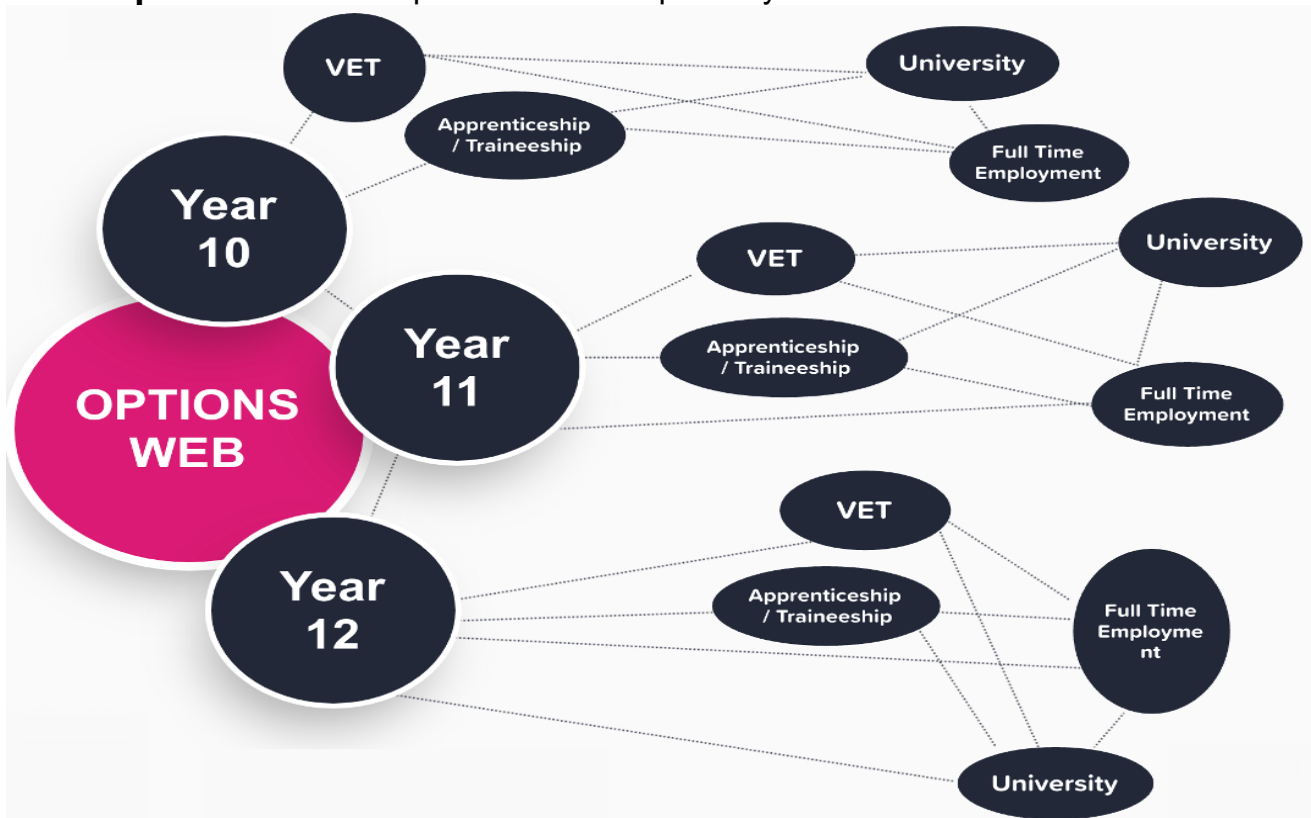
Back in Year 9 you set learning goals for the next 18 months in your Pathway to Post-School Plan. You listed goals you wanted to *achieve*, how *long* it might take and the *steps* to get there.

Consider the following questions to determine if you are on track or need to refine these goals.

- ⇒ Were the goals I set realistic?
- ⇒ Have I achieved any goals? Am I on track to achieving them?
- ⇒ What goals need to be refined?
- ⇒ What challenges have I faced, and what am I doing to overcome them?
- ⇒ What new skills, values, or interests have I developed?
- ⇒ Am I managing my workload, commitments, and wellbeing effectively? Are these preventing me from achieving my learning goals?

Understanding the Education Journey to My Post-School Options

Recall the **Options Web** to explore the various pathways available.



Recap on Education Pathway Options after Year 10: Take the time to understand the several pathways thoroughly to support informed decisions about your future.

- **Complete Year 10 and leave school with a Record of School Achievement (RoSA):**
This option is available if you plan to enter the workforce, pursue an apprenticeship, or study at TAFE.
- **Stay in school until 17 years of age and leave with a RoSA credential:**
If you're not ready for the HSC but want to keep studying, you can continue until 17 and leave with a RoSA.
- **Complete Year 12 with an HSC:**
This pathway is ideal if you want to finish school and explore further education or training without needing an ATAR.
- **Complete Year 12 with an HSC and ATAR:**
Choose this if you're aiming for courses at university that require an ATAR.
- **Including VET Courses in Your Pattern of Study:**
Vocational Education and Training (VET) courses offer practical, hands-on learning in fields like hospitality, construction, IT, business etc.

These courses can be part of your HSC and are valuable for students considering TAFE, apprenticeships, or entering the workforce straight after school.



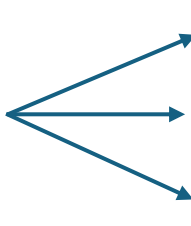
Balancing Study, Life, and Wellbeing

As you consider your pathway options, think about how you manage your commitments. Success isn't just about academics; it's also about finding a balance that works for you.

- ⇒ How do I handle stress from assessments, exams, and schoolwork?
- ⇒ Am I balancing my study time with extracurricular activities, friendships, and rest?
- ⇒ Do I have strategies in place to manage challenges when things get overwhelming?
- ⇒ Where can I get support?

My Intended Educational Pathway Plan

Review your intended Educational Pathway Plan to ensure it aligns with your aspirations and the steps needed to achieve your career goals. Your plan should balance keeping options open with being realistic, supporting the best possible outcome for your unique journey.

My intended Educational Pathway to post-school	Based on my abilities and grades what would be the best pathway for me?
Tick 2 pathway options you intend to pursue: - Complete year 10 and leave with a RoSA: 25 hours / week  work ☐ study ☐ both ☐ - Complete school until 17 years of age and leave with RoSA ☐ - Complete year 12 with HSC ☐ - Complete year 12 with HSC and ATAR ☐ 	What skills or qualifications will I need to achieve my post-school plans? Am I on track with the same pathway I planned last year? Have I changed my mind? What changes do I have to make? Would I consider VET courses for next year? If so, what would they be and why?

Setting Goals for Year 10

Consider the Academic Goals and Personal Goals you would like to achieve this year.
When setting goals, it is important to be realistic and within reach.
Even small goals are worth setting.

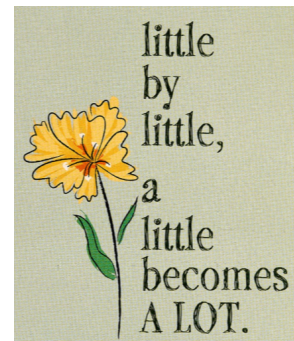
When considering Academic Goals ask yourself the following questions:

Do my goals align with the pathway I'm considering?

How can I improve my grades and skills in preparation for senior school?

How much study and effort am I putting into homework?

Are there subjects I should focus on more?



When considering Personal Goals ask yourself the following questions:

What personal skills or habits would I like to develop? E.g. Time mgt, teamwork, or confidence.

How can I better balance school, activities, friendships, and self-care?

Academic Goals

What I want to achieve	How long it might take?	Steps to achieve my goal

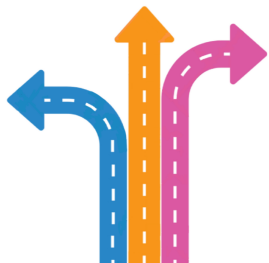
Personal Goals

What I want to achieve	How long it might take?	Steps to achieve my goal

What subjects can I choose @ Stella?



Key Learning Area	Stage 6 (Year 11 and 12)
Religious Education	• Studies of Religion I • Studies of Religion II
English	• English Standard • English Advanced • EAL/D • English Extension 1 • English Extension 2 (HSC)
Mathematics	• Mathematics Standard • Mathematics Advanced • Mathematics Extension 1 • Mathematics Extension 2 (HSC)
Science	• Biology • Chemistry • Physics • Earth & Environmental Science • Investigating Science • Extension Science (HSC)
Human Society & Its Environment (HSIE)	• Business Studies • Economics • Legal Studies • Geography • Society & Culture
History	• Modern History • Ancient History • History Extension (HSC)
Languages	• Beginners • Continuers
Technological & Applied Studies (TAS)	• Design & Technology • Industrial technology – Multimedia • Food Technology • Enterprise Computing • Textiles & Design
Creative Arts	• Visual Arts • Dance • Drama • Music 1 • Music 2
Personal Development, Health & Physical Education (PDHPE)	• Health and Movement Science • Community & Family Studies (CAFS)
TVET (at Stella)	• Cert III in Entertainment • Cert II in Hospitality • Cert III in Business Services • Cert II in Construction



My Pathway to Post-School Plan

Year 9

NAME: _____

Having a plan helps you to focus on your goals and ideas for the future. It helps you to work out how you are going to achieve what you want relating to school, work and life.

Understanding the many education pathways throughout school and the many different paths when you leave school allow you to feel comfortable and confident when your post-school direction changes.

Re-evaluating your plans each school year will allow your decisions to focus on the skills and knowledge you need to achieve your post-school plan.

My top three interests

** Think about activities you do at school and outside of school that you enjoy, such as playing football or babysitting. Interests also include things like music or gaming.*

My top three values

** Values are things that you consider to be important and explain a lot about who you are. For example, some people think being honest, hardworking and caring about the environment are important values.*

My top three skills

** Skills are things you can do well. Everybody has skills. For example, listening, team work, problem-solving and planning are all skills that can help you do well at school.*

I have a range of positive aspects about my personality and things I can do which will help me to do well at school and work.

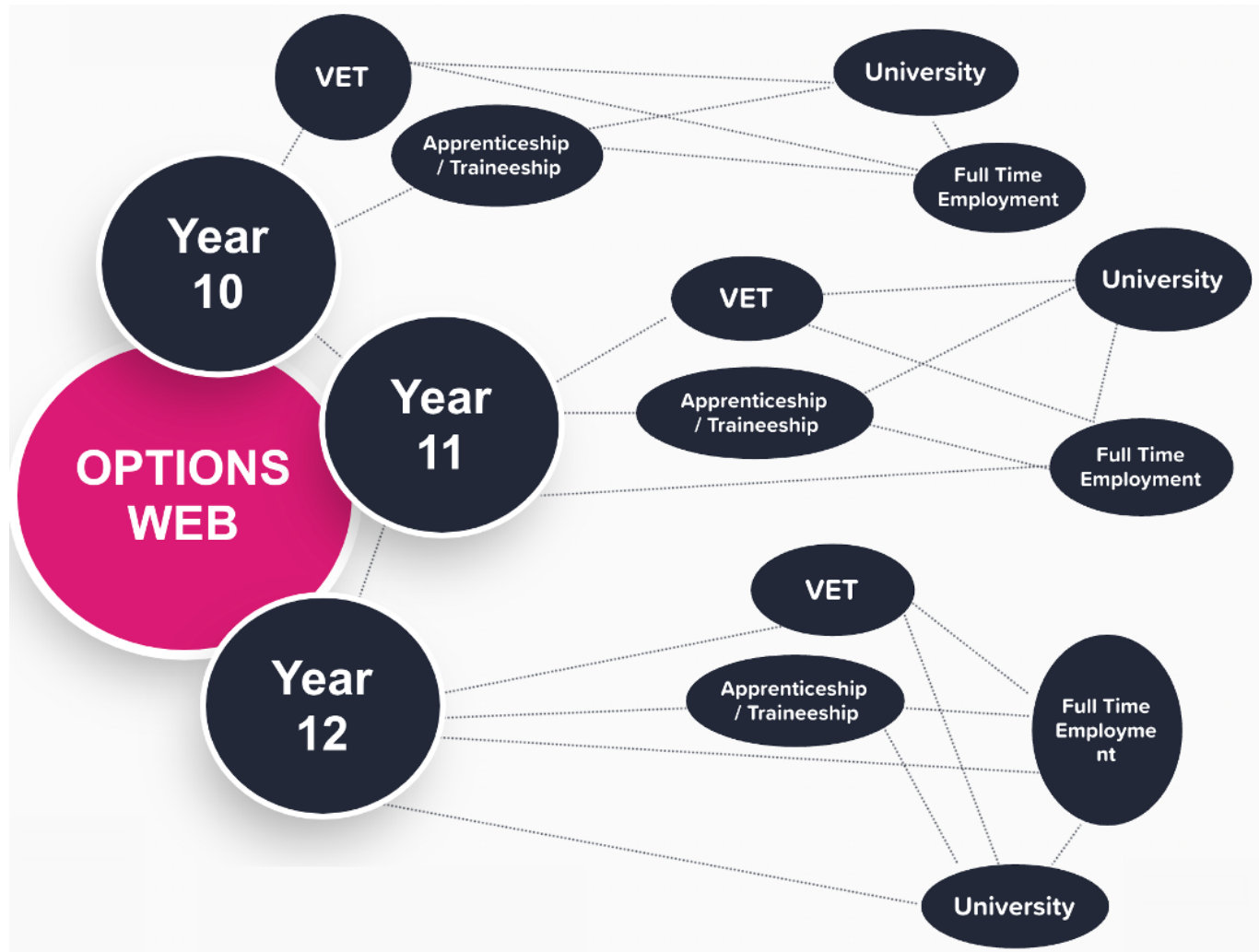
Attributes*	Top 3
Loyalty	
Commitment	
Honesty and integrity	
Enthusiasm	
Reliability	
Personal presentation	
Commonsense	
Positive self-esteem	
Sense of humour	
Balanced attitude to work and home life	
Ability to deal with pressure	
Motivation	
Adaptability	

Employability Skills*	Top 3
Communication	
Team work	
Problem-solving	
Initiation and enterprise	
Planning and organising	
Self-management	
Learning	
Technology	

Occupations / careers I am interested in

Paid or volunteer work I have done

Consider the occupations / careers listed above and the Options Web below.



List 2 of the most realistic educational pathways to post-school for me?

My Progress

Year 9 Subjects

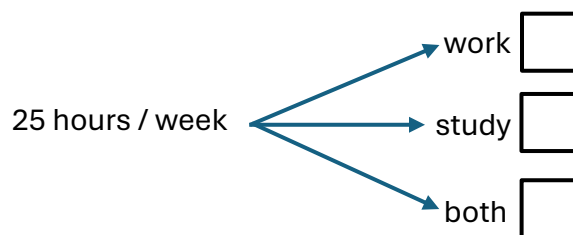
Semester 1 Grades

Think about your intended pathway throughout your senior pattern of study as well as what you intend to do after completing school. After learning about the broad options available post-school and that qualifications can be built on over time, do your intended study pathway plans match your aspirations to the path you require to achieve your career goals?

My intended educational pathway to post-school

Based on the above grades what would be the best pathway for me?

- Complete year 10 and leave with a RoSA:

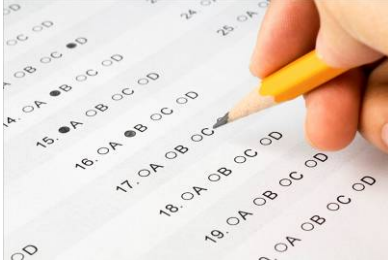


- Complete school until 17 years of age and leave with RoSA ☐
- Complete year 12 with HSC ☐
- Complete year 12 with HSC and ATAR ☐

What changes do I have to make?

My Goals and Plans

★ Goals are things that you want to achieve in the future. They are things that will help you to be prepared and ready for change at school or in your life. It is important that you think about goals early because then you can work out how to achieve them. Thinking about goals means that you will be prepared to study the subjects you like, do the types of occupations you prefer, and keep your future options open. If you meet a goal throughout the year, set another new one for yourself – maybe a more challenging one.



- ★ Think about goals that relate to school and work. For example, a school goal might be to pass all tests, and a work goal might be to write a resume.
- ★ Think about why the goals you have made are important. For example, passing all tests will help you to do well at school, and writing a resume will help you to apply for part-time work.
- ★ Think about how long it will take you to achieve your goals. Some goals are short-term which means you can achieve them in a few weeks. Some goals are long-term which means it might take a year or more before you can achieve them.

Learning goals for the next 18 months *(end of year 10 I would like to have achieved...)*

What I want to achieve	How long it might take?	Steps to achieve my goal

Subjects in Year 10 that I think will help me achieve my education/training and employment goals (including RoSA, HSC and ATAR)